

## Member News

### VOLUNTEER OPPORTUNITIES

Have some free time and looking for ways to volunteer? Stop by the Program Window and register.

#### Friendly Callers: Thursday, February 14

Do you have the time to brighten a member's day, who can no longer attend the center by providing a friendly call? Please join the Friendly Callers every second Thursday 1st Floor Conference Room at 11:30am. If you know of a member who could use a "Friendly Call," please provide their name to the front desk receptionist!

#### Manna: Wednesday, February 20

Join us to package meals for people with nutritional risks. Participants will meet in PSC lobby at 9:30am to travel as a group. Space is limited to six participants each visit.

#### Volunteer Meeting:

Wednesday, February 27 @ 1:30 p.m.  
2nd Floor Fitness Room

### SENIOR BOWLING LEAGUE - MONDAYS

PEP Bowl, 1200 South Broad Street  
Mondays, 10:00am. Cost \$7.00 (Teams of 4)

**CLASS COUPONS** – Class coupons can be purchased at the Program Window or at the front desk. Coupons cost \$1 per coupon, \$5 per book of coupons. Coupons should be purchased prior to class time.

**CCT CONNECT** – Rides to and from the center are available. Please see Cheryl Frazier for applications, ride schedule, changes in schedule or questions regarding this service, 215-546-5879 ext.1622. Suggested Contribution of \$1.00 is much appreciated! Donation box located next to the CCT sign in sheet. Please sign in and out at the front desk when using CCT.

**COUNSELORS CORNER** – 2018 Rent and Property Rebates have been mailed out to some renters and homeowners and will continue to be mailed through February. In center and housing counselors can assist you in completing the rebate form.



Philadelphia Senior Center receives funding from indicating funding from Philadelphia Corporation for Aging and the Pennsylvania Department of Aging.

### MEMBERSHIP

Philadelphia Senior Center offers three levels of membership from free of charge to \$12 Silver option.

**Silver Membership:** Cost - \$12 annually discounts on Trips; PSC Stay Active delivered to your home; access to PSC Programs, Classes & Trips. You must be 60 or older for Silver Membership.

**Standard Membership:** Cost - FREE You must be 60 or older for Standard Membership.

**55+ Membership:** Cost - FREE All members under the age of 60 years old are required to pay \$3.25 the full cost of the congregate lunch.

For additional information, please call (215) 546-5879 or stop by the Front Desk.



Philadelphia Senior Center is funded by the Pennsylvania Department of Aging, the Philadelphia Corporation for Aging, the United Way, corporations, foundations and individuals. U.W. Donor Choice #000095

info@newcourtland.org  
215-546-5879

Philadelphia, PA 19147  
509 South Broad Street



# Stay Active

Monthly Events and Activities for Members

**HOURS OF OPERATION:**  
Monday-Friday, 8:30am-4:30pm

February 2019

## Special Events

**Black History Monday Movies**  
Every Monday in February at 12:30pm  
2nd Floor Auditorium. Cost: No Fee

**AARP Free Tax A.I.D.E Preparation Fund**  
Wednesdays, February 6 to April 10,  
10:00pm to 1:00pm  
Please sign up at Program Window  
2nd Floor Computer Lab. Cost: No Fee

**Temple Students: Elder Law Project**  
Wednesdays, February 6, 13, 27 & March 20,  
10am-2pm

Do you have legal questions; need to formulate a Will, Health Care Directive or legal document? Please schedule an appointment now at the Program Window. Document pickup is scheduled for April 3rd.  
Auditorium. Cost: No Fee

**Self Seminar: Blood Circulation**  
Thursday, February 7, 2:00pm  
GreenBean Internet Café. Cost: No Fee

**Hand Reflexology Workshop**  
Presented by: JoAnna Turner  
Thursdays, February 7-28, 1-2pm  
Sign up at the Program Window Required  
(Limited Seats: 15)  
Art Studio. Cost: 1PSC Coupon

**Philly Reads- The Philadelphia Negro**  
The Year of W. E. B Dubois Books  
Friday, February 8, 1:00-3:00pm  
Come learn the history of our beloved City of Philadelphia through the eyes of W.E.B Dubois  
Room B. Cost: No Fee.

### Hello Great Members of PSC Arts Branch,

Please sign up to meet with an AARP Free Tax A.I.D.E Preparer available every Wednesday from February 6th until April 10th. From 10am -1pm in the Computer Lab, participants must schedule an appointment at the Program Window.

Temple Elder Law Students will be available to assist with your legal questions and/or documents Wednesdays, February 6th, 13th, 27th & March 20th. From 10am-2pm in the 2nd Floor Auditorium. All participants are required to sign up at the Program Window. Document pickup date is scheduled for April 3rd.

Please sign up with Mrs. Ethel Wanner for the Advisory Council Valentine's Day Cabaret on Thursday, February 14th 1:30pm- 5:00pm. Cost: \$5.00 Per Person.

Happy Black History Month! The following activities will take place at the center in honor of this prestigious occasion:  
Black History Monday Movies, 12:30pm Auditorium. Trinity Center Concert: Featuring Ronald Campbell Tuesday, Feb. 12th 1pm, PSC Choir Concert, Thursday, February 21st 1pm.

Happy Valentine's Day,

**Julie Nelson**  
Center Manager

Free Library One Book One Philadelphia Presents: "Sing, Unburied Sing"  
Book Discussion on Family Dynamics  
Friday, February 8, 2-3pm  
Room B. Cost: No Fee

Trinity Center Presents Mr. Ronald Campbell  
**Special Concert for African-American History Month**  
Tuesday, February 12, 1-2pm  
2nd Floor Auditorium. Cost: No Fee

**Self Seminar: Hot Health Food**  
Wednesday, February 13, 2:00pm  
GreenBean Internet Café. Cost: No Fee

Advisory Council Presents:  
**Valentine's Day Cabaret 2019**  
Thursday, February 14, 1:30pm to 5:00pm  
For tickets see Advisory Council Chair Women: Mrs. Ethel Wanner  
GreenBean Internet Café.  
Cost: \$5.00 per person

Lisa Deeley, City Commissioner  
Presents:  **Voter and Election Information**  
Friday, February 15, 2:00pm  
GreenBean Internet Café. Cost: No Fee

PSC Choir Presents: **Black History Concert**  
Thursday, February 21, 1:00 to 2:00pm  
Room A & 2nd Floor Auditorium. Cost: No Fee

Healthy Steps for Older Adults  
Follow-Up Session  
**Falls Prevention Program**  
Friday, February 22, 10:00am  
Room B. Cost: No Fee

**Self Seminar: Path to Fitness**  
Thursday, February 28, 2:00pm  
GreenBean Internet Café. Cost: No Fee

## Trips 2019

**Lunch at Bird In Hand Smorgasbord with Spring Fling Shopping Trip to the Tanger & Rockvale Outlets**  
Wednesday, March 27, 2019  
Bus departs: 9:00am Arrives back at center: 6:30pm. Cost is for transportation only. Silver: \$27 Standard/55+ \$29.00

**Free Tour of PA Ballet Studio**  
323 North Broad St  
(between Wood & Broad)  
Thursday, April 18, 2019  
Tour: 10:00-11:00am  
A fun and enriching behind the scenes tour, walk-through and observation of a company class or rehearsal. Lunch at 11:30am (The Lift Café 428 N. 13th street) Cost of lunch is on your own. Sign up at the Program Window.

**Advisory Council Spring Gala**  
Saturday, May 4, 3:00-7:00pm  
Penns Landing Caterers  
1301 S. Columbus Boulevard  
Cost: \$60.00 Per Person  
\$25.00 deposit due by January 23  
For tickets please see Mrs. Ethel Mae Wanner, Mrs. Sadie Belle and/or Advisory Council President, Catherine Reed.  
Dress to Impress.

